

BLUECARE

GET CARE FROM ANYWHERE!

BLUECARE ONLINE VISITS:

MEDICAL VISITS

BlueCare is Blue Cross and Blue Shield of Louisiana's telehealth service. It lets you have doctor visits online without taking time off work or school. BlueCare is available 24/7 to you and any dependents (children, spouse, etc.) who are covered on your plan—with no appointment needed.

BlueCare is faster and costs less than going to an emergency room or urgent care center. It's a good way to treat routine, nonemergency health conditions like:

- Sinus infections
- Cold or cough
- Flu symptoms
- Fever
- Rashes
- Allergies
- Vomiting, diarrhea
- Bladder infections
- Pink eye

You can also use BlueCare to get a prescription, check in with a doctor if you need a follow-up visit or when traveling. BlueCare providers are available in all 50 states. BlueCare providers can give you work or school absence excuses by request.

BEHAVIORAL HEALTH VISITS

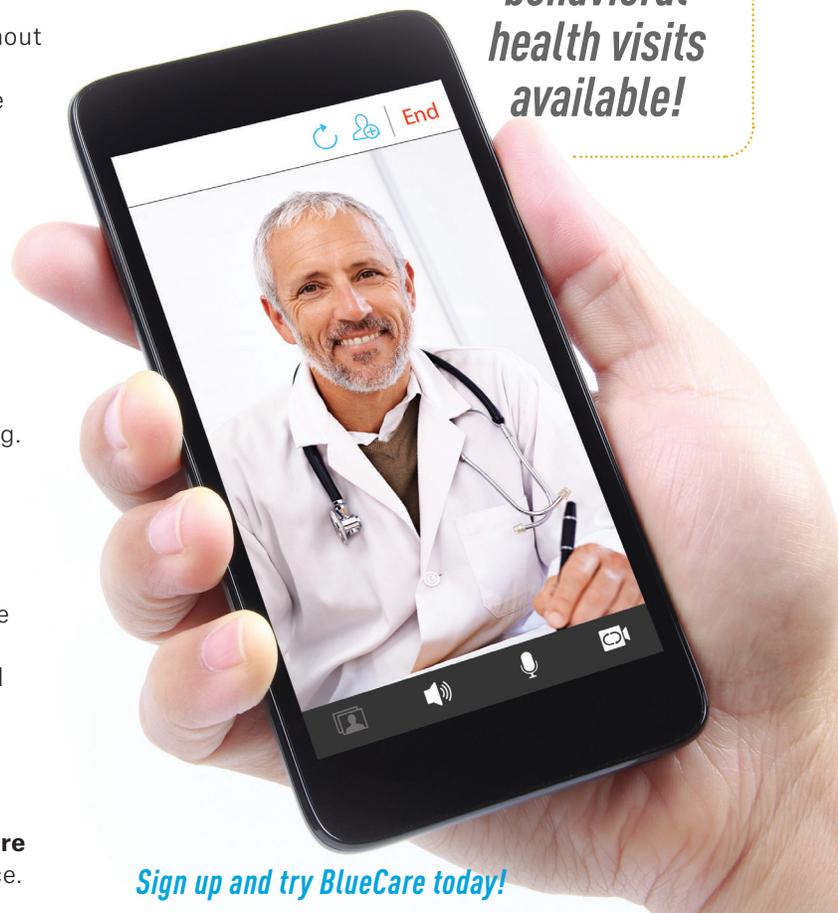
Online appointments for behavioral health needs are available with BlueCare. Simply log in and schedule a visit with a psychology or psychiatry provider who is trained and certified in telehealth care.

HOW IT WORKS:

1. Visit www.BlueCareLA.com or **download the BlueCare (one word) mobile app** on your Apple or Android device.
2. On your first visit, create a member account using your Louisiana Blue member ID. Log into that account each time you use BlueCare online or with the app.
3. Select a provider and connect. All providers are U.S.-trained and board-certified.

The cost of your BlueCare visit will depend on your plan type and benefits. You can use any major credit card and even health savings account or flexible savings account cards to pay for BlueCare. Your card will not be charged until your visit is over.

Medical and behavioral health visits available!



Sign up and try BlueCare today!

www.BlueCareLA.com



LOUISIANA **BLUE**

Some restrictions apply. As with any medical service, follow the doctor's advice. If the BlueCare doctor tells you that you should go to a clinic or hospital to be treated in person, you should do so.

Powered by Amwell. Amwell is a vendor that provides the BlueCare telehealth platform for Blue Cross and Blue Shield of Louisiana and its subsidiaries.

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